

Connecticut Urology Society

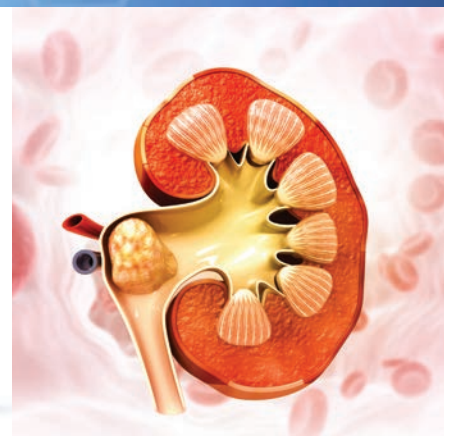
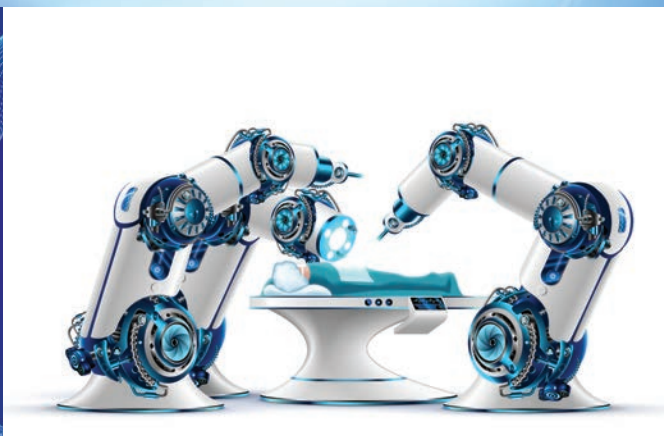
Annual Educational Meeting

Wednesday, November 15, 2023

8:00 am - 4:30 pm



Physicians' Registration Packet

Connecticut
Urology
Society



Connecticut Urology Society
Educational Meeting
Wednesday November 15, 2023 • 8:00 am - 4:30 pm



- 8:00 **Registration**
- 8:10 **Opening Remarks** - Timothy Siegrist, MD, President
- 8:15 **Business Meeting** - Timothy Siegrist, MD, President
- 8:30 **Product Theater** – “Aquablation for BPH” – Ravi Munver, MD 
- 9:00 **Product Theater Gold Sponsor** “Predicting Benefits of ADT with RT in Prostate Cancer” 
- 9:15 **Multiparametric MRI, Targeted Biopsy and Molecular Diagnostics – Emerging Tools and Challenges in Modern Prostate Cancer Diagnosis and Treatment**
– James Wysock, MD
Objectives: 1. Review the role of novel biomarkers and MRI for prostate cancer risk stratification and biopsy decision 2. Review targeted biopsy techniques and approaches 3. Review molecular diagnostic imaging and role for disease localization and staging.
- 10:00 **Breakfast of Champions in Vendor Hall**
- 10:30 **Product Theater**
- 11:15 **Energy Sources and Approaches for Partial Gland Prostate Ablation**
– James Wysock, MD
Objectives: 1. Define and review rationale for partial gland ablation including Index Lesion Hypothesis, MR visible disease. 2. Review available tools for partial gland ablation. 3. Review current evidence supporting partial gland ablation treatment approaches for clinically localized prostate cancer.
- 11:45 **Yale Research-Findings in 2023**
– Preston Sprenkle, MD
Objectives:
- 12:15 **Healthy Choice Lunch in Vendor Expo**
- 12:45 **Product Theater** –
- 1:30 **Hartford HealthCare Research - Findings in 2023**
– Joseph Wagner, MD
Objectives: 1. Understand the pros and cons of transperineal versus transrectal prostate biopsies. 2. Cite relevant literature concerning the prevention of lymphoceles during radical prostatectomy.
- 2:00 **Little Incisions, Big Changes: Minimally Invasive Urologic Reconstruction**
– Joshua Sterling, MD
Objective: Identify key elements in the evaluation for upper tract urinary strictures, effect improved outcomes in upper tract urinary strictures..
- 2:30 **Advocacy – Why Physicians Should Engage Now**
Senator Saud Anwar, MD
Objectives: 1. To describe the political climate and how it is affecting the practice of medicine. 2. To highlight some of the proactive legislation passed in 2022 and 2023 addressing prior authorization. 3. Step therapy and protecting the practice of medicine.
- 3:10 **Coffee Break**
- 3:30 **The Cost of Healthcare - Facts and Myths and How it Affects the Practice of Medicine**
– Wendy L. Kroll, JD
Objectives: 1. To discuss the effect of private equity arrangements on the cost of healthcare and the corporate practice of medicine. 2. To review contract terms that have a direct impact on patient quality of care.
- 4:00 **Brief Medical Practice Legal Update: Patient Record Destruction and the Law - The Risk of Treating Family and Friends – What’s at Stake**
– Joyce A. Lagnese, JD
Objectives: This brief presentation will discuss destruction of patient medical records as well as the identification of issues associated with texting, emailing and personal devices. 1. To review the current laws surrounding the treatment of family and friends. 2. To review protocols offices should have in place when writing prescriptions. 3. Review penalties and risks involved in violating state law.
- 4:30 **Certificates and Door Prizes**

This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of CSEP and The Connecticut Urology Society. CSEP is accredited by the CSMS to provide continuing medical education for physicians.

CSEP designates this educational activity for a maximum of 4.0 AMA PRA Category I Credit(s)[™] toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

Please note: No certificates will be handed out without completing and handing in the CME Evaluation Form suggested topics and speakers and outcome measurement questionnaire at the end of the program.

**Senator Saud Anwar, MD**

State Senator Saud Anwar was first elected to the Senate in February 2019 to represent the residents of the 3rd State Senate District towns of East Hartford, East Windsor, Ellington and South Windsor.

Saud was first elected to public office in 2011 as a member of South Windsor's Town Council. He has served two terms as South Windsor mayor, once from 2013 to 2015 and once from 2017 to 2019.

Saud is a medical doctor with specializations in treating lung diseases and critical care medicine, occupational and environmental medicine. He currently serves as Chair of the Department of Internal Medicine at Manchester Memorial and Rockville General Hospitals. Saud was trained in pulmonary and critical care medicine at, and holds a Master's Degree in Public Health from, Yale University.

Saud also works with humanitarian and peace initiatives on a local, national and global scale. He has organized medical missions for disaster relief, receiving citations for doing so from former Governor Jodi Rell, United States Senator Richard Blumenthal and Lieutenant Governor Susan Bysiewicz.

Wendy L. Kroll, JD

Wendy L. Kroll is a health care attorney well versed in health care operations from both a business and regulatory perspective. Her experience in virtually all aspects of health care delivery in commercial and government payor markets has provided her with an in-depth knowledge to structure successful mergers, acquisitions and other business transactions for provider entities of all types, negotiate arrangements with payors, and develop new health care delivery models that match entrepreneurial innovation with the highly complex compliance environment.

Wendy has significant experience working for Fortune 100 healthcare companies and representing health care providers in all aspects of federal regulation (and their state counterparts), including Stark, Anti-kickback, HIPAA and the full array of other fraud and abuse laws. Wendy maintains a client-supportive presence in legislative and regulatory forums as part of her commitment to advocating for health care providers and patients to help ensure the integrity and stability of our health care system.

**Joyce A. Lagnese, JD**

Ms. Lagnese is one of the founding principals of the Hartford Law firm of DanaherLagnese, PC, where she serves as head of the Medical Malpractice Defense Unit. She is a high honors graduate from the State University of New York and obtained her law degree with honors in 1980 from Hofstra University School of Law. Her practice concentration is high exposure medical practice defense litigation. For over three decades, she has defended medical malpractice cases throughout Connecticut on behalf of physicians from every medical specialty, and has successfully tried to verdict a large number of medical malpractice cases including claims of wrongful death and permanent injury. Her practice also includes representation of medical practitioners and institutions in administrative proceedings before the Connecticut Department of Public Health.

Ms. Lagnese has been an invited lecturer and Keynote Speaker to various local and regional medical societies, physicians organizations and hospitals on medico-legal topics and is co-author of a textbook on Connecticut Medical Malpractice. She has also been an advocate in the Connecticut State Legislature for malpractice tort reform.

**Joshua Sterling, MD**

Dr. Sterling is an Assistant Professor of Urology specializing in trauma and genitourinary reconstruction at Yale School of Medicine. He completed a GURS fellowship in Reconstructive Urology and Transgender Care at SUNY Upstate Medical University. He earned his medical degree from New York Medical College and completed his urologic residency at Robert Wood Johnson University Hospital.

Dr. Sterling's clinical areas of interest are urethral and ureteral strictures, genitourinary fistulae, urinary complications of radiation, and genital gender affirming surgery. His research interests focus on stricture formation, tissue regeneration, and the effect of sex and gender on health care outcomes. He is the author of over 50 peer-reviewed manuscripts and book chapters and is a co-author

of the American Urologic Association core curriculum on Gender Affirming Surgery.

**Joseph Wagner, MD**

Dr. Joseph Wagner has served as the Director of Robotic Surgery of Hartford Healthcare since 2003 and is currently the Chairman of the Department of Urology at Hartford Hospital. After graduating from Amherst College and the University of Connecticut School of Medicine, Dr. Joseph Wagner performed his surgical and urological residency training at Boston University. He went on to the National Cancer Institute for his urologic oncology fellowship and became the Physician In Charge of Urologic Oncology at Beth Israel Medical Center in New York City in 1997. In 2001, Dr. Wagner performed some of the first robotic urologic surgeries in the United States. He has published numerous peer reviewed manuscripts and abstracts along with several book chapters.

**James Wysock, MD, MS**

Dr. Wysock, is an Assistant Professor of Urology at NYU School of Medicine with a clinical practice focused on urologic oncology. He obtained his medical degree from Northwestern University Feinberg School of Medicine and completed his residency training at New York Presbyterian Hospital/Weill Cornell Medical College. He also completed fellowship training at NYU focusing on robotic surgery and urologic oncology. His clinical and research efforts center on providing advanced diagnostic and treatment strategies across the breadth of urologic malignancies. He has extensive experience in image-guided prostate cancer management (MRI-US fusion prostate biopsy, transperineal prostate biopsy, and prostate ablation) as well as robotic surgical techniques and management

of multi-disciplinary oncology practice teams

CONNECTICUT UROLOGY SOCIETY
November 15, 2023 Annual Educational Program
CME EVALUATION FORM



Physician's Name _____ E-mail: _____

Please evaluate the following topics on a scale of 1 to 4 with the following values:

1 - poor 2 - satisfactory 3 - good 4 - excellent

Circle One

1. SUBJECT MATTER OF MEETING	1	2	3	4	2. LOCATION	1	2	3	4
3. FACILITIES	1	2	3	4	4. AUDIO/VISUAL	1	2	3	4

Multiparametric MRI, Targeted Biopsy and Molecular Diagnostics – Emerging Tools and Challenges in Modern Prostate

Cancer Diagnosis and Treatment – *James Wysock, MD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

Energy Sources and Approaches for Partial Gland Prostate Ablation – *James Wysock, MD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

Hartford HealthCare Research - Findings in 2023 – *Joseph Wagner, MD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

Little Incisions, Big Changes: Minimally Invasive Urologic Reconstruction – *Joshua Sterling, MD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

Advocacy – Why Physicians Should Engage Now – *Senator Saud Anwar, MD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

The Cost of Healthcare - Facts and Myths and How it Affects the Practice of Medicine – *Wendy L. Kroll, JD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

Brief Medical Practice Legal Update: Patient Record Destruction and the Law - The Risk of Treating Family and Friends –

What's at Stake – *Joyce A. Lagnese, JD*

Degree to which objectives were met	1	2	3	4
Did speaker disclose financial interests in any product or company?	___Yes		___No	
Was the presentation fair and balanced?	___Yes		___No	

Competency Questions

Little Incisions, Big Changes: Minimally Invasive Urologic Reconstruction – *Joshua Sterling, MD*

Question 1. The success of endoscopic management for ureteral strictures significantly worsens in strictures that are:

- a. <0.5 cm
- b. >1 cm
- c. >2 cm
- d. >5 cm

Question 2. Adverse events related to the injection of mitomycin C include:

- a. Osteitis pubis, rectourethral fistula formation, bladder necrosis
- b. Hematuria, dysuria
- c. Bladder neck contracture
- d. Mitomycin C is not associated with any serious adverse events

Hartford HealthCare Research - Findings in 2023 – *Joseph Wagner, MD*

Question 1. Which of the following appears to be the most successful in preventing lymphoceles after radical prostatectomy?

- a. Liberal use of clips
- b. Hemostatic agents
- c. Liberal use of cautery
- d. A and C
- e. Peritoneal flap

Question 2. Which of the following yields the highest rate of detecting clinically significant prostate cancer?

- a. Transperineal fusion biopsy with grid
- b. Transrectal fusion biopsy
- c. Transperineal fusion biopsy with precision point
- d. All are equal
- e. A and C

Multiparametric MRI, Targeted Biopsy and Molecular Diagnostics – Emerging Tools and Challenges in Modern Prostate Cancer Diagnosis and Treatment – *James Wysock, MD*

Question 1. Which of the following is the next best test for a 65 year old healthy man that is referred with a PSA of 7 ng/mL and a prostate MRI demonstrating a PI RADS 3 lesion?

- a. ConfirmMDx
- b. PSMA PET CT
- c. ExactVue MicroUS
- d. Decipher Biopsy
- e. ExoDx Prostate Test

Question 2. What is the recommended next step for a 65 year old healthy man with a family history of prostate cancer, PSA of 7 ng/mL, 4K score 20%, prostate volume of 30 cc, 4 x 5 mm PI RADS 4 lesion in the anterior base with a negative transrectal prostate biopsy in both systematic and targeted biopsy cores?

- a. Repeat MRI prostate
- b. PSMA PET CT
- c. Repeat prostate biopsy
- d. Genetic testing
- e. MDx Genomic Prostate Score

Energy Sources and Approaches for Partial Gland Prostate Ablation – *James Wysock, MD*

Question 1. Transrectal High Intensity Focused Ultrasound (HIFU) prostate ablation utilizes the following to determine real-time treatment success?

- a. Rectal wall temperature
- b. Changes in ultrasound grey-scale appearance
- c. Color Doppler Sonography
- d. Contrast enhanced ultrasound
- e. B & D
- f. All of the above

Question 2. A 75M diagnosed with GG2, MR concordant prostate cancer in the right posterolateral midgland elects to proceed with prostate cryoablation. Which of the following is the most important feature to consider in treatment planning?

- a. Prostate volume
- b. Presence of intraprostatic calcifications
- c. PI RADS score
- d. MDx Genomic Prostate Score
- e. MRI Lesion size

Financial Disclosures

Speaker

Senator Saud Anwar, MD
Wendy L. Kroll, JD
Joyce A. Lagnese, JD
Joshua Sterling, MD
Joseph Wagner, MD
James Wysock, MD

Financial Interest Received

None
None
None
Medtronic - *Consultant*
Aveda Health - *Consultant*

Financial disclosure forms available upon request.

Survey

What function provided by society is most important?

- A. Education
- B. Protecting the practice of urology
- C. Increase reimbursement
- D. Practice management help in fighting prior authorization and step therapy
- E. Other _____

Outcome Measurements

Name: _____

1. Has this symposium changed the way you will care for patients? ☐ Yes ☐ No
2. Do you believe this symposium will have a positive effect on patient surgical or clinical outcomes?
☐ Yes ☐ No
3. Can you offer other speakers or topics that will provide information to improve clinical outcomes at the next meeting? ☐ Yes ☐ No _____



The Connecticut Urology Society Annual Meeting

Wednesday November 15, 2023

Program

Email: debbieosborn36@yahoo.com Cell: 860-459-4377

Registration Form

NAME: _____
(please print)

ADDRESS: _____
(please print)

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: _____

EMAIL ADDRESS: _____

_____ Yes, I am planning on attending the November 15, 2023 Education Program

_____ No, I am unable to attend the November 15, 2023 Education Program

Early Bird Member Physician Fee: \$100.00 if paid by October 1, 2023

Member Physician Fee: **\$125.00 After October 1, 2023**

Non-Member Fee: **\$200.00 if paid by October 1, 2023**
\$225.00 After October 1, 2023

Non-M.D (ie. PAs, APRNs) **\$ 75.00**

Residents: **Complimentary**

Please mail or fax this form to:

CT Urology Society, P.O. Box 854, Litchfield, CT 06759 Fax: 860-496-1830

This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of CSEP and The Connecticut Urology Society. CSEP is accredited by the CSMS to provide continuing medical education for physicians.

CSEP designates this educational activity for a maximum of 4.0 credit hours in category I credit toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

(Please use a separate form for each physician)

PLEASE NOTE!

PAYMENT WILL BE THROUGH THE CONNECTICUT SOCIETY OF EYE PHYSICIANS.

Connecticut Urology Society Credit Card Payment Form Annual Scientific Education Program

This portion can be faxed back to (860) 496-1830 or Email debbieosborn36@yahoo.com

_____ Visa _____ Mastercard _____ American Express

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(16 digit card number)

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(Expiration date)

Security Codes

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*3 digit # that appears on the back of the MC/VISA card

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Name of Attendee _____

Email _____

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Payment included: \$ _____

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(Group Practice name)

*

(City - State - Zip) Need Zip code from card billing address to process

“M.D. Makes the Difference”

Please fill out completely!

****These numbers are needed to run payment through with a merchant discount***

Aquablation for BPH

Wednesday, November 15th

8:30am

PROCEPT BioRobotics is pleased to present an educational talk on Aquablation for BPH with surgeon speaker Ravi Munver, MD

Curriculum Vitae

➤ Fellowship:

*New York-Presbyterian Hospital
Weill Medical College of Cornell University
Endourology, Laparoscopy, and
Robotic Urologic Surgery*

➤ Residency:

Duke University Medical Center

➤ Medical School:

Cornell University Medical College



Surgeon Speaker

Ravi Munver, MD

Hackensack University Medical Center

Hackensack, NJ

R . S . V . P .

Rob Berardi

617 852-4327

r.berardi@procept-biorobotics.com